## **Glenwood Resource Center**



### Purpose

Glenwood Resource Center (GRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities. Glenwood helps people to live safe and successful lives in the home and community of their choice.

## Who Is Helped

Individuals who live at GRC have an intellectual or other developmental disability that require treatment and support at the level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY14, 10 individuals were admitted and 13 were discharged. At the end of SFY14, 248 individuals resided at GRC. Of these, 247 (99.6 percent) are voluntary and one was involuntarily committed by courts.

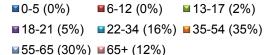
- Five are children 17 or younger.
- 207 are adults 18 to 64.
- 36 are adults 65 or older.

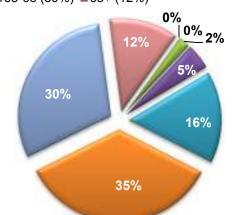
#### Of these individuals:

- 77 percent have a dual diagnosis of mental illness and intellectual disability.
- 81 percent have life-threatening eating and chewing disorders (dysphagia) that make it difficult to take in enough food and fluids.
- 65 percent are at high risk for sustaining injuries due to challenging behaviors.
- 59 percent have a seizure disorder.
- 36 percent are at high risk of food or liquid entering the airway and can get into the lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties, including sexual offending.

## GRC Individuals Served by Age SFY14 Year-End





## Intellectual Functioning Level SFY14 Year-End

- Profound IQ below 20 (54%)
- Severe 20 to 34 (16%)
- Moderate 35 to 49 (14%)
- Mild 50 to 69 (16%)



✓ An individual is admitted after no community-based provider has been found that can meet the individual's service needs.

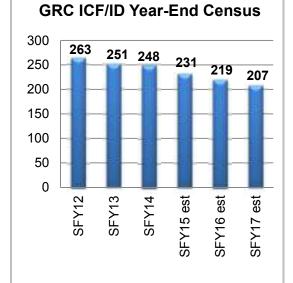
### Services

GRC maintains federal Medicaid certification as an Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/ID).

- GRC provides active treatment and support services for individuals with intellectual disabilities.
- GRC actively prepares individuals to move into appropriate community-based living and to be contributing members of their community.

GRC Home & Community-Based Services (HCBS)

- GRC is also a Medicaid-funded Home and Community Based Services provider.
- In SFY14, GRC provided daily HCBS nonresidential supported community services to 24 individuals at six locations in Glenwood.



- ✓ 69 percent (581 FTEs) of the staff are direct care, 12 percent (103 FTEs) are treatment professionals, 4 percent (35 FTEs) are maintenance, 8 percent (66 FTEs) are other support staff, and 7 percent (61.12 FTEs) are administrative.
- ✓ In SFY15, 82.1 percent of the Glenwood Resource Center operating budget is for staffing costs and 17.9 percent is for support costs.
- ✓ GRC has 248 operational beds and is the largest ICF/ID in the state.
- ✓ Twelve tenants lease space and operate programs on the GRC campus.
- ✓ GRC maintains 95 buildings and 231.48 acres on campus.

# Goals & Strategies

Goal: Promote choice for people with disabilities. Strategy:

- Promote access to community-based options for persons with disabilities.
- Prepare and support individuals discharged from GRC to remain in the community.

#### Results in SFY14:

- GRC had a net decrease in population of 3. In the past five years, GRC has reduced its population by 22 percent.
- 49 percent of GRC individuals earned work wages through employment.
- 100 percent of GRC discharged individuals remained in the community at least 180 days after discharge.

# Cost of Services

The State Resource Center per diem is bundled and covers the total cost of service, including physician, medication, dental, adaptive equipment and other medical costs. Medicaid is billed separately by community medical providers for individuals served by private ICF/ID. Private ICF/ID do not include these costs in their per diem.

The daily per diem rate is \$830.

The total annual cost of care per person served is \$302,862.

- ✓ GRC is the largest employer in Mills County with a total estimated \$35 million impact in Mills County and the other surrounding areas.
- ✓ GRC generates more than a \$25 million impact for the town of Glenwood alone. Sources: http://iwin.iwd.state.ia.us & GRC payroll data (7/2014)

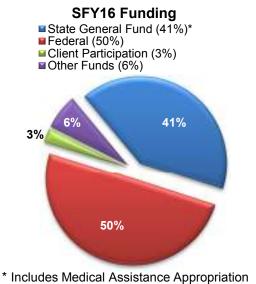
## **Funding** Sources

The Glenwood Resource Center is funded by state general funds and federal funds with a small amount of funding from other sources.

The total budget for SFY16 is \$72,903,765:

- \$29,930,012 (41.1 percent) is state general fund, including a \$7.3 million transfer from the Medical Assistance appropriation.
- \$36,320,659 (49.8 percent) is federal fundina.
- \$4,774,033 (6.5 percent) is other funding.
- \$1,879,061 (2.6 percent) is client participation.

Other funding includes rental and lease receipts. and HCBS revenues. Client participation reflects an assessed amount the individual clients pay towards the cost of care.



Federal Medical Assistance Percent is projected to decrease from 56.14 percent in SFY15 to 54.65 percent in SFY16 and 53.96 percent in SFY17.

## **SFY16 &** SFY17 **Budget Drivers**

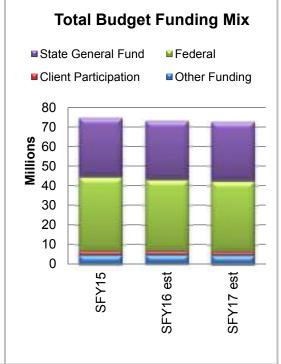
The total SFY16 GRC budget request reflects a \$885,075 (4.1 percent) general fund increase from the SFY15 Enacted Appropriation.

The total SFY17 GRC budget request reflects a \$1,482,717 (6.8 percent) general fund increase from the SFY15 Enacted Appropriation.

The key budget drivers of the increases are:

- Reallocate State Employee Retirement Incentive Program (SERIP) funds to Medical
- Declining FMAP rate, \$992,094 in SFY16 and \$458,985 in SFY17. The federal share has decreased as Iowa's economy improves relative to other states.
- Increased costs of food, pharmaceuticals, utilities and other, \$124,058 in SFY16 and \$138,657 in SFY17.

The total SFY16 budget reflects an overall decrease of \$1,499,354 (-2.0 percent) from SFY15 and the total SFY17 budget reflects a \$1,877,320 (-2.5 percent) decrease from SFY15.



- The impact of not funding the increased cost of services will be an estimated loss of 17.3 FTEs in SFY16 and 26.6 FTEs in SFY17
- ✓ As the revenues and census continue to decline at both resource centers, each will continue to "right size" to match the needs and number of individuals served.

## Legal **Basis**

#### Federal:

- Code of Federal Regulations, CFR 483.400 to 483.480
- The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree

### State:

- lowa Code, Chapters 222 and 135C lowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.